Western Health Specialist Clinics Access & Referral Guidelines

Specialist Clinics at Western Health Drug Health Services:

The Addiction Medicine Team provides comprehensive specialist care for inpatients and outpatients with a wide range of substance related disorders and associated complex medical, psychiatric and social comorbidity across Drug Health Services and Western Health.

Drug Health Services is a community based program of Western Health which offers innovative and diverse programs for Adults and Youth, providing a range of treatment services supporting recovery and other needs for people who use Alcohol or Other Drugs.

Addiction Medicine Clinics

The Addiction Medicine Clinic, Nurse Practitioner Clinic and Specialist Pharmacotherapy Service offer appointments with an addiction medicine specialist, nurse practitioner, psychiatrist or registrar for management of complex or high risk substance use disorder conditions.

Referrals are accepted to Addiction Medicine Clinics for the following conditions that require early medical input:

- Substance Use Disorder with associated severe medical or psychiatric comorbidity.
- Substance Use Disorder with associated acute risk.
- Opioid Use Disorder or Benzodiazepine Use Disorder.
- Assessment of possible dependence on prescription medication.
- Alcohol pharmacotherapy.

Psychology services are also available for clients with a substance use disorder and mental health plan, for whom psychological intervention is indicated.

Contact: Ph 8345 6682 Fax 8345 6027

Referrals NOT Accepted at Drug Health Services

Community funded Alcohol and Other Drug (AOD) Services such as for Residential Withdrawal "detox" Units, Drug and Alcohol Counsellors and Rehab programs are accessed through a Central Intake service operated by NorthWest Metro Alcohol and Other Drug Services: **Ph 1800 700 514 or Fax 9689 8920**. This referral pathway is mandated due to funding requirements.

Adult client referrals for AOD treatment that do not meet criteria for Addiction Medicine Clinic should be made through central intake.

Other Specialized Programs Accepting Direct Referrals:

Youth Programs:

Youth Programs offer services to young people age 12-24 and their families, through the Adolescent Residential Withdrawal Unit and Adolescent Community Programs teams. Services offered include youth outreach, AOD education, family work and withdrawal management. **Contact:** <u>ACPReferrals@wh.org.au</u>, Phone 96895570, Intake 0481919975 Fax no. 96872749

The Women's Program

The Women's Rehabilitation Day Program provides a safe and comfortable therapeutic environment to assist women to explore, understand and make changes to a lifestyle of problematic or harmful substance use.

Contact: womensprogram@wh.org.au, Telephone 96895533, Fax 96872749

Westside Lodge

The 20 bed 12 week Dual Diagnosis Residential Rehabilitation facility provides specialist care for those experiencing both substance use disorder and mental health disorder. Contact: Referrals <u>westsidelodgereferrals@wh.org.au</u>, Telephone 83454010, Fax no. 83454020

Referral Guidelines:

Key information enables Western Health to triage patients to the correct category. If key information is missing, you may be asked to return the referral with the required information.

Key Information Points (must be included):	Additional Information (if available):
Reason for referral	Relevant Pathology including LFTs and Hepatitis
Current substance use history	Serology
Medical History	Relevant imaging including liver ultrasound and
Psychiatric History	chronic pain related tests.
Medication list	Psychiatric reports

