

## Paediatric Dietetic Clinics at Western Health:

Western Health operates the following Specialist Clinic services for patients who require Paediatric Dietitian. Patients will be triaged by Paediatric Dietitian into one of the following management pathways according to specific clinical requirements:

1. **Paediatric Dietitian Outpatient Clinic:** for children (pre school age at time of referral) identified as requiring assessment and management of complex nutritional issues.
2. **Paediatric Home Enteral Nutrition (HEN) Outpatient Clinic:** for children (aged 16 or less) who require nutritional management of enteral feeding AND are managed by a Paediatrician at Sunshine Hospital
3. **Dietitian Newborn Services Follow-Up Clinic:** for assessment of babies and infants who have been discharged from Special Care Nursery or Neonatal Intensive Care Unit at Sunshine Hospital and have been identified as having nutritional issues (feeding/growth) due to their neonatal history.
4. **Paediatric Young Adults Diabetes Service (YADS) Dietitian clinic:** for assessment and management of adolescents and young adults with diabetes and who are managed by an Endocrinologist at Sunshine Hospital.
5. **Dietician Growth and Nutrition Clinic:** for assessment and management of children with complex feeding issues which require a multidisciplinary management approach, from a Paediatrician, Dietitian and Speech Pathologist.

## Referrals not seen at Western Health as services not provided:

- Chronic conditions (with exception to type 1 Diabetes if eligible for YADS)
- Non-complex nutrition conditions such as Iron deficiency, general fussy eating, constipation
- Eating disorders

## Alarm Symptoms:

Where an acute intervention is required please refer the patient to the Emergency Department. If there is still concern regarding the referral please call the Paediatric Specialist Clinics Outpatient number 8345 1727 and a clinician will respond to your call within 24 hours (Business Hours only).

## Access & Referral Priority for Paediatric Dietitian:

The clinical information provided in your referral will determine the triage category. The triage category will affect the timeframe in which the patient is offered an appointment.

<b>URGENT</b> Appointment timeframe 30 days	<b>ROUTINE</b> Appointment timeframe greater than 30 days, depending on clinical need.
Failure to thrive (FTT) with included growth data (under 12 months)	Feeding difficulties requiring joint Speech Pathology and Dietetic services
Newly diagnosed food allergies	Existing food allergies
New paediatric HEN clients	FTT and faltering growth over 12 months



## Condition Specific Referral Guidelines:

Key information enables Western Health to triage patients to the correct category and provide treatment with fewer visits to outpatients, creating more capacity for care. If key information is missing, you may be asked to return the referral with the required information.

### Paediatric Medicine:

Condition:	Key Information Points:	Clinical Investigations
<b>Failure To Thrive</b>	Growth history including recent and previous growth measures	Nil
<b>Allergies</b>	Evidence provided of severity of symptoms of food allergy	If available results of allergy testing such as skin prick tests or RAST blood tests