



Western Health
Neurophysiology Department
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An Appointment has been made for you to attend for ONE of the following: (as indicated in text message)

- EEG
- SLEEP DEPRIVED EEG
- EMG
- VER

Clinic: Neurophysiology

Where: Sunshine Hospital
Acute Services Building,
Ground Floor, POD 4 - Neurophysiology
176 Furlong Road

Please bring your Medicare card to your appointment.

Please consider additional time to find car parking. We allow up to 15 min for late arrivals, after this your appointment will be rescheduled.

Patient Instructions:

EEG: *Test duration: 1 hour*
Ensure hair is clean and dry with no styling products added (eg: Hairspray, gel, hair pieces etc).

VER: *Test duration: 30 minutes*
Ensure hair is clean and dry with no styling products added (eg: Hairspray, gel, hair pieces etc)

EMG: *Test duration: 30 mins - 1.5hours*
DO NOT apply any lotion or body cream on arms and legs, including hands and feet
Please wear loose clothing – bottoms that can be pulled above knee and top with sleeves that can be pulled up to shoulders

SLEEP DEPRIVED EEG: *Test duration: 1.5hours*
For this test you will need to stay awake from midnight until you come in for the test in the morning (you may nap in the afternoon/evening prior to midnight). If you have any questions please call the Neurophysiology Department on **03 8395 9075**.

If you are unable to attend this appointment please contact the Neurophysiology Department as soon as possible on **03 8395 9075**.

Regards,
Neurophysiology Department
Western Health