

Guidelines for Shared Maternity Care Affiliates – Resource Library | 2010

A	Alcohol	National Health and Medical Research Council http://www.nhmrc.gov.au/publications/synopses/ds10syn.htm	Clinician information: Australian Guidelines to Reduce Health Risks from Drinking Alcohol (p. 67 Guideline 4: Pregnancy and Breastfeeding)
		Drug info clearinghouse http://www.druginfo.adf.org.au/druginfo/fact_sheets/aod_pregnancy/aod_pregnancy.html	Consumer information: Alcohol, other drugs and pregnancy for women who are pregnant/considering pregnancy
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Foetal_alcohol_syndrome?open	Consumer fact sheet: fetal alcohol syndrome
		Royal Women's Hospital http://www.thewomens.org.au/Alcohol	Consumer fact sheet: Effects on pregnancy, breastfeeding and infant development
		Department of Health and Ageing http://www.health.gov.au/internet/quitnow/publishing.nsf/Content/lifescrpts	Clinician information: Pregnancy Lifescrpts: smoking, alcohol, nutrition
	Amniocentesis	Centre for Genetics Education (NSW Health) http://www.genetics.com.au/pdf/factsheets/fs17c.pdf	Consumer fact sheet: Amniocentesis & CVS
	Anti –D	Royal Women's Hospital http://www.thewomens.org.au/RedCellAntibodyTestingInPregnancy	Clinician information: A guide to red cell antibody screening
		Royal Women's Hospital http://www.thewomens.org.au/RhDImmunoglobulinObstetrics	Guides the administration of anti-D to Rh D negative pregnant women including antenatal administration for sensitising events and antenatal prophylaxis
		Red Cross Blood Service http://manualtransfusioncomau.ozstaging.com/Pregnancy-and-Anti-D.aspx	Transfusion medicine manual- Pregnancy and Anti-D. Includes: Guidelines for the use of Rh Immunoglobulin, Anti-D testing in pregnancy, frequently asked questions and educational support material
		Australian Red Cross Blood Service http://manualtransfusioncomau.ozstaging.com/admin/file/content2/c7/You%20and%20Your%20Baby%20brochure.pdf	Consumer information. You and your baby: important information for Rh (D) negative women
		Australian Red Cross Blood Service http://manualtransfusioncomau.ozstaging.com/admin/file/content2/c7/HDN%20brochure.pdf	Consumer information: Important information for Rh (D) Negative Women: Prevention of Haemolytic Disease of the Newborn. For women who experience early fetal loss

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	National Blood Authority http://www.nba.gov.au/pubs/pdf/glines-anti-d.pdf	Clinician information: Guidelines on the prophylactic use of Rh D immunoglobulin (anti-D) in obstetrics	
	Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) http://www.ranzcog.edu.au/publications/statements/C-obs6.pdf	Clinician information: guidelines for the use of Rh D Immunoglobulin (anti-D) in obstetrics in Australia	
Antenatal Check	Royal women's Hospital http://www.thewomens.org.au/StandardAntenatalCheck	Clinical practice guideline: standard antenatal check	
Asthma	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Asthma_and_pregnancy?open	Consumer fact sheet: Asthma and pregnancy	
	National Asthma Council Australia http://www.nationalasthma.org.au/cms/images/stories/amh2006_web_5.pdf	Clinical information: Asthma management handbook (p.101 Pregnancy and asthma)	
	National Asthma Council Australia http://www.nationalasthma.org.au/content/view/291/655/	Consumer information: Pregnancy and asthma	
B	Birthmarks	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Birthmarks	Consumer information: birthmarks
	Blood Pressure Measurement	Three Centres http://3centres.com.au/guidelines/routine-blood-pressure-measurement-in-pregnancy/	Clinician information: 3 Centre Consensus Guidelines on Antenatal Care- Routine blood pressure measurement in pregnancy
	Breastfeeding	Australian Breastfeeding Association http://www.breastfeeding.asn.au/bfinfo/index.html	Consumer information on breastfeeding including support and advice
		World Health Organisation http://www.who.int/topics/breastfeeding/en	Clinician and consumer information: Breastfeeding
		Royal Women's Hospital http://www.thewomens.org.au/BreastfeedingBestPracticeGuidelines	Clinical practice guideline: Breastfeeding best practice
		Royal Women's Hospital http://www.thewomens.org.au/LowBreastmilkSupply	Clinical Practice Guideline: low breast milk supply. Includes: assessment, signs and management of low milk supply
		Royal Women's Hospital http://www.thewomens.org.au/MedicationsandHerbalPreparationstoIncreaseBreastmilkProductionGalactagogues	Clinical Practice Guideline: medications and herbal preparations to increase breast milk production (galactagogues). Includes: commonly available galactagogues (Domperidone and Metoclopramide) and

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			herbal preparations
		Royal Women's Hospital http://www.thewomens.org.au/MastitisLactational	Clinical Practice Guideline: mastitis. Includes: signs, symptoms, investigations and management and mastitis clinical algorithm
		Royal Women's Hospital http://www.thewomens.org.au/NippleEczemaDermatitis	Clinical Practice Guideline: nipple eczema dermatitis. Includes: assessment, management and treatment
		Royal Women's Hospital http://www.thewomens.org.au/NippleorBreastPainLactationAlgorithm	Clinical Practice Guideline: nipple or breast pain (lactation) algorithm. To assess for possible mastitis, nipple eczema dermatitis, bacterial infection and thrush
		Royal Women's Hospital http://www.thewomens.org.au/ThrushinLactation	Clinical Practice Guideline: thrush in lactation Includes: signs, symptoms and treatment of both nipple and breast thrush
		Royal Women's Hospital http://www.thewomens.org.au/TongueTieManagement	Clinical Practice Guideline: tongue-tie management
		Raising Children Network http://raisingchildren.net.au/articles/how_to_bottle-feed.html/context/203	Consumer information on how to bottle feed safely
C	Caesarean	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Caesarean_section?open	Consumer fact sheet: Caesarean sections
		American Congress of Obstetricians and Gynaecologists http://www.acog.org/publications/patient_education/bp006.cfm	Consumer information: caesarean birth
	Child Health Record	Victorian Department of Education and Early Childhood Development http://www.education.vic.gov.au/ecsmanagement/mch/childhealthrecord/default.htm	Information about the child health record including child health and development, growth charts, immunisation and useful contacts
		Victorian Department of Education and Early Childhood Development http://www.education.vic.gov.au/ecsmanagement/mch/childhealthrecord/language.htm	Basic information on how to use the child health record. Available in Arabic, Chinese, English, Polish, Spanish, Turkish and Vietnamese
	Child Protection	Victorian Department of Human Services- Children, Youth and Families http://www.cyf.vic.gov.au/quick-help/first-child-and-family-information-referral-and-support-teams	Referral and support teams directory
		Victorian Department of Human Services- Children, Youth and Families http://www.cyf.vic.gov.au/_data/assets/pdf_file/0010/334963/responding-to-child-	Responding to Child Abuse. For professionals working with children includes information on mandatory reporting

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	abuse.pdf	
Chorionic Villus Sampling	Centre for Genetics Education (NSW Health) http://www.genetics.com.au/pdf/factsheets/fs17c.pdf	Consumer fact sheet: Amniocentesis & CVS
	Royal Women's Hospital http://www.thewomens.org.au/Amniocentesis	Consumer information: amniocentesis
	Royal Women's Hospital http://www.thewomens.org.au/ChorionicVillusSamplingCVS	CVS patient information
Common Discomforts of Pregnancy	Royal Women's Hospital http://www.thewomens.org.au/CopingWithCommonDiscomfortsOfPregnancy	Consumer information: Coping with common discomforts of pregnancy. Includes: morning sickness, constipation, food cravings, heartburn tiredness, haemorrhoids cramps, backache
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Carpal_tunnel_syndrome	Consumer information: Carpal tunnel syndrome
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Restless_legs_syndrome	Consumer information: Restless legs
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Heartburn_is_a_form_of_indigestion	Consumer information: Heartburn
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Morning_sickness?open	Consumer information: Morning sickness
	Royal Women's Hospital http://www.thewomens.org.au/Nauseaandvomitinginpregnancymorningsickness	Consumer information: Nausea and vomiting in pregnancy. Available in: English, Arabic, Chinese, Somali, Turkish and Vietnamese.
	Continence Foundation of Australia http://www.continence.org.au/resources.php?keyword=&topic%5B%5D=Pregnancy&language=English&type=&submitted=Search	Consumer information: Pregnancy and incontinence
	American Congress of Obstetricians and Gynaecologists http://www.acog.org/publications/patient_education/bp115.cfm	Consumer information: easing back pain in pregnancy
	American Congress of Obstetricians and Gynaecologists	Consumer information: skin conditions during pregnancy

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		http://www.acog.org/publications/patient_education/bp169.cfm	
	Cystic Fibrosis	Genetic Health Services Victoria http://www.cfscreening.com.au/	Consumer and clinician information: Cystic fibrosis carrier screening program (population carrier screening)
		Genetic Health Services Victoria http://www.cfscreening.com.au/Documents/CF_brochure.pdf	Consumer brochure: Cystic Fibrosis carrier testing (population carrier screening)
		National Health and Medical Research Council http://www.nhmrc.gov.au/files_nhmrc/file/your_health/egenetics/practioners/gems/sections/09%20-%20Cystic%20fibrosis%20WEB.pdf	Clinician information. Genetics in Family Medicine: The Australian Handbook for General Practitioners. Cystic Fibrosis
		National Health and Medical Research Council http://www.nhmrc.gov.au/files_nhmrc/file/your_health/egenetics/practioners/gems/fact_sheets/09%20-%20Cystic%20fibrosis%20WEB.pdf	Consumer fact sheet from Genetics in Family Medicine: The Australian Handbook for General Practitioners. Cystic Fibrosis
	Cytomegalovirus	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Cytomegalovirus_(cmv)	Consumer fact sheet: Cytomegalovirus
		Victorian Department of Health http://www.health.vic.gov.au/ideas/bluebook/cmV	Clinician information: Cytomegalovirus
D	Dental Health	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Teeth_and_pregnancy?open	Consumer fact sheet: Teeth and pregnancy
	Diabetes	National Institute for Health and Clinical Excellence (UK) http://www.nice.org.uk/nicemedia/pdf/CG063Guidance.pdf	Clinical guideline: Management of Diabetes and its complications from pre-conception to the postnatal period
		Australasian Diabetes in Pregnancy Society http://www.adips.org/images/stories/documents/adips_pregdm_guidelines.pdf	Clinical guidelines: Management of patients with of Type 1 and Type 2 Diabetes in relation to pregnancy
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Gestational_diabetes?open	Consumer information: Gestational Diabetes
	Royal Women's Hospital http://www.thewomens.org.au/DiabetesMellitusManagementofPreexistingDiabetesMellitusinPregnancy	Clinical Practice Guideline: pre-existing Diabetes in pregnancy	

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	Royal Women's Hospital http://www.thewomens.org.au/DiabetesMellitusManagementofGestationalDiabetes	Gestational Diabetes Clinical Practice Guideline
	Diabetes Australia http://www.diabetesvic.org.au/LinkClick.aspx?fileticket=hwxcO7vLWuc%3d&tabid=164	Gestational Diabetes Patient Fact sheet
	National Institute for Health and Clinical Excellence (UK) http://www.nice.org.uk/nicemedia/pdf/CG063Guidance.pdf	Clinical guidelines: Management of Diabetes and it's complications from pre-conception to the postnatal period
	Australasian Diabetes in Pregnancy Society http://www.adips.org/images/stories/documents/adips_pregdm_guidelines.pdf	Consensus guidelines for the management of patients with of type 1 and type 2 diabetes in relation to pregnancy
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Gestational_diabetes?open	Patient information: Gestational Diabetes
	Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) http://www.ranzcog.edu.au/publications/statements/C-obs7.pdf	Clinician information: diagnosis of Gestational Diabetes Mellitus
Diet	Department of Health & Ageing http://www.healthactive.gov.au/internet/healthactive/publishing.nsf/Content/pregnant-women	Consumer information: Healthy eating guidelines for pregnant women. Includes: general dietary advice and information on iron, folate, iodine, morning sickness, indigestion, listeria, mercury and caffeine
	Royal Women's Hospital http://www.thewomens.org.au/Healthyeatingforpregnancy	Consumer fact sheet: Healthy eating for pregnancy
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_and_diet?open	Consumer fact sheet: Pregnancy and diet
	Royal Women's Hospital http://www.thewomens.org.au/Weightgaininpregnancy	Consumer fact sheet: Weight gain in pregnancy
Down Syndrome	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Birth_defects_trisomy_disorders	Consumer fact sheet: Trisomy disorders
	Better Health Channel	Consumer fact sheet: Down syndrome

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		http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Down_syndrome_explained?open	
		Centre for Genetics Education (NSW Health) http://www.genetics.com.au/pdf/factsheets/fs28.pdf	Consumer fact sheet: Down syndrome
	Drug Use	New South Wales Department of Health http://www.health.nsw.gov.au/pubs/2006/pdf/ncg_druguse.pdf	Clinician information: National clinical guidelines for the management of drug use during pregnancy, birth and the early development years of the newborn
		Royal Women’s Hospital http://www.thewomens.org.au/AlcoholDrugsDuringPregnancy	Consumer fact sheets: Alcohol and drugs during pregnancy. Includes alcohol, amphetamines, benzodiazepines, buprenorphine, cannabis, heroin and other opiates, inhalants, methadone, tobacco
		Drug info clearinghouse http://www.druginfo.adf.org.au/druginfo/fact_sheets/aod_pregnancy/aod_pregnancy.html	Consumer information. Alcohol, other drugs and pregnancy: for women who are pregnant/considering pregnancy
		Drug info clearinghouse http://www.druginfo.adf.org.au/druginfo/fact_sheets/cannabis_factsheets/cannabis_pregnancy.html	Consumer information: Cannabis use in pregnancy
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_and_drugs?open	Consumer fact sheet: Pregnancy and drugs. Includes over the counter and vitamins
		Department of Health and Ageing http://www.health.gov.au/internet/quitnow/publishing.nsf/Content/lifescrpts	Clinician information: Pregnancy Lifescrpts: smoking, alcohol, nutrition
E	Early Parenting Centres	Tweddle http://www.tweddle.org.au/	
		O’Connell Family Centre http://www.mercy.com.au/html/s02_article/article_view.asp?id=200&nav_cat_id=215&nav_top_id=84	
		Queen Elizabeth Centre http://www.qec.org.au/	

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Early Pregnancy	Royal Women's Hospital http://www.thewomens.org.au/Takingcareofyourselfinearlypregnancy	Consumer fact sheet: Taking care of yourself in early pregnancy. Available in: English, Arabic, Chinese, Turkish and Vietnamese.	
Edwards Syndrome (T18)	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Birth_defects_trisomy_disorders	Consumer fact sheet: Trisomy disorders	
	Centre for Genetics Education (NSW Health) http://www.genetics.com.au/pdf/factSheets/FS30.pdf	Consumer fact sheet: Edwards syndrome	
Epilepsy	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Epilepsy_lifestyle_issues	Consumer information: Epilepsy lifestyle issues	
	Epilepsy Foundation of Victoria http://www.epinet.org.au/articles/epilepsy_and_your_lifestage/pregnancy/	Consumer information on epilepsy in pregnancy. Includes: pre-pregnancy counselling, pregnancy and anti-epileptic drugs, anti-epileptic drugs and the developing baby, pregnancy and seizures, labour, motherhood and breastfeeding	
	American Academy of Neurology http://www.neurology.org/cgi/content/full/73/2/142	Clinician information: management issues for women with epilepsy. Focus on pregnancy: Vitamin K, folic acid, blood levels, and breastfeeding	
Exercise	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_and_exercise?open	Consumer fact sheet: Pregnancy and exercise	
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_and_sport?open	Consumer fact sheet: Pregnancy and sport	
	American Congress of Obstetricians and Gynaecologists http://www.acog.org/publications/patient_education/bp119.cfm	Consumer information: exercise during pregnancy	
F	Female Genital Mutilation (FGM)	Royal Women's Hospital http://www.thewomens.org.au/uploads/downloads/HealthProfessionals/FGM/FGM_Health_Professionals_Fact_Sheet_2009.pdf	Clinician fact sheet

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	Royal Women's Hospital http://www.thewomens.org.au/FemaleGenitalMutilationCutting	Clinical information Includes links to: FGM maternity clinical practice guideline, fact sheet for health professionals, caesarean section information and links to other useful resources
	Royal Women's Hospital http://www.thewomens.org.au/CaesareansectionissuesforwomenaffectedbyFGM	Clinician information: Caesarean section information for women affected by FGM
	Royal Women's Hospital http://www.thewomens.org.au/FARREP	Consumer and clinician information: Family and Reproductive Rights Education Program (FARREP). Includes information in Amharic, Arabic, Somali, and Tigrinya
Fetal Heart Auscultation	Three Centres http://3centres.com.au/guidelines/auscultation-of-the-fetal-heart/	Clinician information: 3 Centre Consensus Guidelines on Antenatal Care- auscultation of the fetal heart
	American Congress of Obstetricians and Gynaecologists http://www.acog.org/publications/patient_education/bp156.cfm	Consumer information: how your baby grows during pregnancy
Folate	Food Standards Australia New Zealand http://www.foodstandards.gov.au/_srcfiles/Fact%20Sheet%20-%20Folic%20Acid%20(July%2009).pdf	Clinician and consumer fact sheet: Mandatory folic acid fortification in Australia
	Food Standards Australia New Zealand http://www.foodstandards.gov.au/consumerinformation/adviceforpregnantwomen/folicacidfolateandpr4598.cfm	Consumer information: Folic Acid/Folate
	Family Planning Victoria http://www.fpv.org.au/2_9_4.html	Consumer information: Folic acid
	Royal Women's Hospital http://www.thewomens.org.au/FolateinPregnancy	Clinical Practice Guideline: Folate in Pregnancy
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Folate_for_women?open	Consumer fact sheet: Folate for Women
Food Safety	Royal Women's Hospital http://www.thewomens.org.au/Foodsafetyduringpregnancy	Consumer fact sheet: Food safety in pregnancy
	Food Standards Australia & New Zealand	Consumer information: Food safety advice for pregnancy. Includes

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		http://www.foodstandards.gov.au/consumerinformation/adviceforpregnantwomen	links to further information on folic acid, iodine, fish and mercury, listeria prevention, alcohol caffeine
		Food Standards Australia & New Zealand http://www.foodstandards.gov.au/srcfiles/Listeria.pdf	Consumer brochure: Listeria and food- advice for people at risk
		Food Standards Australia & New Zealand http://www.foodstandards.gov.au/scienceandeducation/factsheets/factsheets2005/listeriacommonlyaske3115.cfm	Clinician and consumer information: Listeria and food- commonly asked questions
		Food Standards Australia & New Zealand http://www.foodstandards.gov.au/srcfiles/mercury_in_fish_brochure_lowres.pdf	Consumer brochure: Mercury in fish
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Mercury_in_fish?open	Consumer fact sheet: Mercury in fish
Fragile X		National Health and Medical Research Council http://www.nhmrc.gov.au/files_nhmrc/file/your_health/egenetics/practioners/gems/sections/11%20-%20Fragile%20X%20syndrome%20WEB.pdf	Clinician information. Genetics in Family Medicine: The Australian Handbook for General Practitioners. Fragile X syndrome
		Fragile X Association of Australia http://www.fragilex.org.au/	Consumer information: Fragile X
Fundal Height Measurement		Three Centres http://3centres.com.au/guidelines/symphyseal-fundal-height-measurement/	Clinician information: 3 Centre Consensus Guidelines on Antenatal Care- symphyseal fundal (S-F) height measurement
G	Genetics	Genetic Health Services Victoria http://www.genetichealthvic.net.au/sections/Patients/?docid=e5ac4a89-9f9c-4313-9bc0-9a9300b93ba8	Consumer information: Planning a pregnancy
		National Health and Medical Research Council http://www.nhmrc.gov.au/your_health/egenetics/practitioners/gems.htm	Clinician information: Genetics in Family Medicine: The Australian Handbook for General Practitioners
		World Health Organisation (WHO) http://www.who.int/genomics/public/geneticdiseases/en/index2.html#ts	WHO monogenic diseases information. Includes: <ul style="list-style-type: none"> • Thalassaemia • Sickle cell anaemia • Haemophilia • Cystic Fibrosis • Tay Sachs disease

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			<ul style="list-style-type: none"> • Fragile X syndrome • Huntington's disease
		Genetic Health Services Victoria www.genetichealthvic.net.au	Consumer and health professional information
	Group B Streptococcus	Royal Women's Hospital http://www.thewomens.org.au/GBSColonisationAntenatalIntrapartumStrategiestoPreventEarlyOnsetNeonatalSepsis	GBS Clinical Practice Guideline
		Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) http://www.ranzcog.edu.au/publications/statements/C-obs19.pdf	Clinician information: screening and treatment for Group B Streptococcus in pregnancy
	Growth	World Health Organisation http://www.who.int/childgrowth/standards/en/	Clinician information: WHO child growth standards
		Raising Children Network http://raisingchildren.net.au/articles/what_is_growth.html/context/745	Consumer information: growth charts
H	Hepatitis B	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-hepatitisb	Clinician information: Hepatitis B
		Royal Children's Hospital http://www.rch.org.au/intranet/fracc_resources/?doc_id=1338	Hepatitis immunisation for babies. Information including if mother is a Hepatitis B carrier
	Hip Dysplasia	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcArticles.nsf/pages/Developmental_hip_dysplasia_explained?open	Consumer information: developmental hip dysplasia explained
I	Influenza	Royal Women's Hospital http://www.thewomens.org.au/Pregnancyandflu	Consumer fact sheet: Pregnancy and Flu- precautions
	Intimate Partner Violence	Domestic Violence and Incest Resource centre http://www.dvirc.org.au/	Consumer and clinician information: Includes referral to specialist support services helpful pamphlets and websites
		Women's Domestic Violence Crisis Service Ph: 9373 0123 or 1800 015 188	Statewide 24 hour crisis support and safe accommodation (refuges) for women and their children
		Immigrant Women's Domestic Violence Service	Consumer information: Support to CALD women in their primary

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		8413 6800 www.iwdvs.org.au	language
		VicHealth http://www.vichealth.vic.gov.au/en/Programs-and-Projects/Freedom-from-violence/Intimate-Partner-Violence.aspx	Clinician information: 'The Health Costs of Violence' VicHealth burden of disease report on intimate partner violence
	Iodine	Food Standards Australia New Zealand http://www.foodstandards.gov.au/_srcfiles/Fact%20Sheet%20-%20Iodine%20(July%2009).pdf	Clinician and Consumer fact sheet: Mandatory iodine fortification
		Food Standards Australia New Zealand http://www.foodstandards.gov.au/consumerinformation/adviceforpregnantwomen/iodineandpregnancy.cfm	Consumer information: Iodine advice for pregnant women
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Iodine_explained	Consumer fact sheet: Iodine explained
	Iron	Royal Women's Hospital http://www.thewomens.org.au/IronDeficiencyinPregnancy	Clinical Practice Guideline: Information on when to treat and supplementation information
		Royal Women's Hospital http://www.thewomens.org.au/Ironpregnancy	Consumer fact sheet: Iron in pregnancy
J	Jaundice	Royal Women's Hospital http://www.thewomens.org.au/Jaundicehyperbilirubinaemiaintheterminfantonthepostnatalwardorinthecommunity	Jaundice in the healthy term infant clinical practice guideline. Assessment, investigations, management and algorithms
K			
L	Labour and Childbirth	Royal Women's Hospital http://www.thewomens.org.au/StagesOfLabour	Consumer fact sheet: Stages of labour
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_stages_of_labour?open	Consumer fact sheet: Stages of labour
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Childbirth_pain_relief_options?open	Consumer fact sheet. Includes: Non drug pain relief, TENS, nitrous oxide, pethidine, epidural.
		American Congress of Obstetricians and Gynaecologists	Consumer information: pain relief during childbirth and labour

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		http://www.acog.org/publications/patient_education/bp086.cfm	
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Childbirth_medical_interventions?open	Consumer fact sheet. Includes: Induction, augmentation, episiotomy, forceps delivery, vacuum deliver, caesarean section
M	Maternal and Child Health Services	Victorian Department of Education and Early Childhood Development http://www.eduweb.vic.gov.au/mch/t_centrelist.asp	Directory of Maternal and Child Health Centre with postcode search function
	Maternity Services	Victoria Department of Health http://www.health.vic.gov.au/maternity/	Consumer information on maternity services and models of care in Victoria
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_birth_choices?open	Consumer information on birth choices
	Medicine Use	Mercy Hospital for Women http://www.mercy.com.au/files/NRR6CEQQCO/Psychotropic%20drugs%20%20pregnancy%202nd%20Edn.pdf	Clinician information. Psychotropic Medication in Pregnancy/Lactation
		Royal Women's Hospital Drug Information Line Ph: 8345 3190 Royal Women's Hospital Drug Information Email: drug.information@thewomens.org.au	
		Note: In 2011, a Psychotropic Medicines resources website and phone line will be introduced at RWH as a statewide service	
		Royal Women's Hospital Pregnancy and Breastfeeding Medicines Guide Available from Pharmacy Department Ph: 9345 3190 E: rwh.pharmacy@thewomens.org.au	Clinician information: Pregnancy and Breastfeeding Medicines Guide
		Therapeutic Goods Administration http://www.tga.gov.au/docs/html/medpreg.htm	Clinician information: Prescribing Medicines in Pregnancy. An Australian categorisation of risk of drug use in pregnancy
		Royal Women's Hospital http://www.thewomens.org.au/Herbalpreparationsinpregnancy	Consumer fact sheet: Herbal preparations in pregnancy
	Mental Health	Victorian Department of Health http://www.health.vic.gov.au/mentalhealth/services/adult/index.htm	Contact details for 24 hour psychiatric triage information, assessment and referral. Including crisis assessment and treatment (CAT) teams. Adult Mental Health Service Areas and Local Government Areas
Beyond Blue		Clinician information: Antenatal and Postnatal Depression - A Guide	

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		http://www.beyondblue.org.au/index.aspx?link_id=7.102&tmp=FileDownload&fid=1279	to management for health professionals
		Post and Antenatal Depression Association (PANDA) http://www.panda.org.au/images/stories/PDFs/Antenatal_Depression.pdf	Consumer fact sheet: Antenatal Depression
		Australian Government Department of Health and Ageing http://www.health.gov.au/internet/main/publishing.nsf/Content/mental-pubs-m-mangp-toc~mental-pubs-m-mangp-app~mental-pubs-m-mangp-app-12	Clinician information: Edinburgh Perinatal depression scale
		Beyond Blue http://www.beyondblue.org.au/index.aspx?link_id=94.751&tmp=FileDownload&fid=1334	Consumer brochure: Emotional health during pregnancy and early parenthood
	Mother and Baby units	Northpark Private Hospital http://www.healthscopehospitals.com.au/info/general/Hospital/get/1565/itemId/	
		Mitcham Private Hospital http://www.mitchamprivate.com.au/mbu/introduction.asp	
		Albert Road Clinic http://www.albertroadclinic.com.au/services/parent_infant.asp	
		Masada Private Hospital http://www.masadaprivate.com.au/mbu/Baby_Unit.asp	
N	Neural Tube Defects	Better Health Channel http://www.betterhealth.vic.gov.au/BHCv2/bhcArticles.nsf/pages/Birth_defects_central_nervous_system?OpenDocument	Consumer fact sheet: Birth defects - central nervous system Includes information on spina bifida, anencephaly and encephalocele
		Centre for Genetics Education (NSW Health) http://www.genetics.com.au/pdf/factsheets/fs59.pdf	Consumer fact sheet: Neural tube defects- spina bifida and anencephaly
	Newborn Care	Victorian Department of Health http://www.health.vic.gov.au/maternity/yourpregnancy/ongoingcare.htm	Consumer information: Having a baby in Victoria - Ongoing care after you have your baby. <ul style="list-style-type: none"> • Postnatal domiciliary care • Victorian Child Health Record • Maternal and child health services • Six-week postnatal check for mother and baby • Contraception • Sex after pregnancy • Birth Registration • Infant car restraints

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			<ul style="list-style-type: none"> • Crying baby • Sleep baby sleep • Immunisation program • Sudden infant death syndrome
		Raising Children Network http://raisingchildren.net.au/	Wide range of patient and health professional information about children and parenting
		Royal children's Hospital http://www.rch.org.au/kidsinfo/index.cfm?doc_id=3665	Consumer information: 'Kids Health Info'- medical information written for parents. A-Z search function
		Raising Children Network http://raisingchildren.net.au/	Consumer information: comprehensive website with large range of information about babies, children, families and parenting including health, development and safety
	Newborn Screening	Victorian Department of Health http://www.health.vic.gov.au/nbs/	Consumer information on Newborn Screening Test
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Newborn_screening?open	Consumer information on Newborn Screening Test
		Victoria Clinical Genetics Service http://www.genetichealthvic.net.au/Documents/PDF/Newborn_Screening_Brochure.pdf	Consumer fact sheet on Newborn Screening Test
		Royal Children's Hospital http://www.rch.org.au/vihsp/index.cfm?doc_id=7461	Frequently asked questions about Infant Hearing Screening in Victoria
O			
p	Parvovirus	Australian Department of Health and Ageing http://www.health.gov.au/internet/main/publishing.nsf/Content/cda-pubs-cdi-2000-cdi2403s-cdi24msa.htm	Clinician information: Parvovirus B19 infection and its significance in pregnancy
		Victorian Department of Health and Ageing http://www.health.vic.gov.au/ideas/bluebook/erythema	Clinician information: Guidelines for the control of infectious diseases -Parvovirus
		Victorian Department of Health and Ageing http://www.health.vic.gov.au/ideas/bluebook/erythema/erythema_pregnant_info	Consumer information: Slapped cheek infection information for pregnant women
		Better Health Channel	Consumer fact sheet: Slapped cheek infection

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	http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Slapped_face_disease?open	
Patau Syndrome (T13)	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Birth_defects_trisomy_disorders	Consumer fact sheet: Trisomy disorders
	Centre for Genetics Education (NSW Health) http://www.genetics.com.au/pdf/factsheets/fs29.pdf	Consumer fact sheet: Patau syndrome
Postnatal Care	Having a baby in Victoria- Ongoing care after you have your baby http://www.health.vic.gov.au/maternity/yourpregnancy/ongoingcare.htm	Consumer information including: <ul style="list-style-type: none"> • Postnatal domiciliary care • Victorian Child Health Record • Maternal and child health services • Six-week postnatal check for mother and baby • Contraception • Sex after pregnancy • Birth Registration • Infant car restraints • Crying baby • Sleep baby sleep • Immunisation program Sudden infant death syndrome
	Raising Children Network http://raisingchildren.net.au/	Consumer information: comprehensive website with large range of information about babies, children, families and parenting including health, development and safety
	Children, Youth and Child Health Service (South Australia) http://www.cyh.com/SubDefault.aspx?p=98	Parenting and Child Health website
	Royal Women's Hospital http://www.thewomens.org.au/PostpartumCareObstetricbasedCare	Post partum assessment clinical practice guideline. Includes: febrile illness, secondary post partum haemorrhage, mastitis, anaemia, perineum, urinary problems, constipation and haemorrhoids, thyroid, pap smear, vitamin supplementation Post partum counselling including: physiological changes, contraception, post delivery discussion and postnatal depression
	Royal Women's Hospital http://www.thewomens.org.au/ThirdandFourthDegreeTearsManagement	Third and fourth degree tears clinical practice guideline Definition, associated risk factors, repair techniques, post repair

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		management and follow-up
	Royal Women's Hospital http://www.thewomens.org.au/ImprovingyourrecoveryafterbirthPhysiotherapyadvice	Consumer fact sheet: improving your recovery after birth. Includes: after a caesarean birth, pelvic floor exercises, healthy bladder and bowel habits, back care and correct lifting techniques. Available in: Arabic, Chinese, Hindi, Somali, Turkish, Vietnamese
	Royal Women's Hospital http://www.thewomens.org.au/GoinghomeafterhavinganEpiduralSpinal	Consumer fact sheet: Going home after having an epidural/spinal
	Continence Foundation of Australia http://www.continence.org.au/resources.php?keyword=&topic%5B%5D=Pregnancy&language=English&type=&submitted=Search	Consumer brochure: 1 in 3 Women Who Have Ever Had a Baby Wet Themselves
	Family Planning Victoria http://www.fpv.org.au/pdfs/PostNatalContraceptionAugust05%20.pdf	Consumer information: postnatal contraception
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pelvic_floor?open	Consumer fact sheet: pelvic floor
Prenatal Screening	Victorian Clinical Genetics Services Pathology http://www.vcgspathology.com.au/downloads/mss/Prenatal_Testing.pdf	Consumer brochure: Prenatal Testing During Pregnancy (ultrasound, maternal serum screening, chorionic villus sampling, amniocentesis)
	National Health and Medical Research Council http://www.nhmrc.gov.au/files_nhmrc/file/your_health/egenetics/practioners/gems/sections/03%20-%20Testing%20and%20pregnancy%20WEB.pdf	Genetics in Family Medicine: The Australian Handbook for General Practitioners. Chapter 3: Testing and pregnancy
	National Health and Medical Research Council http://www.nhmrc.gov.au/files_nhmrc/file/your_health/egenetics/practioners/gems/fact_sheets/03%20-%20Testing%20if%20you%20are%20pregnant%20WEB.pdf	Consumer information. Genetics in Family Medicine: The Australian Handbook for General Practitioners. Testing if you are pregnant. Includes screening and testing.
	Centre for Genetics Education (NSW Health) http://www.genetics.com.au/pdf/factsheets/fs17.pdf	Consumer fact sheet: Prenatal testing- an overview
	3 Centres http://3centres.com.au/guidelines/prenatal-screening-for-down-syndrome/	Clinician information: 3 Centre Consensus Guidelines on Antenatal Care- Prenatal Screening for Down's Syndrome
	Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG)	Clinician information: prenatal screening for fetal abnormalities

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	http://www.ranzcog.edu.au/publications/statements/C-obs35.pdf	
	Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) http://www.ranzcog.edu.au/publications/statements/C-obs4.pdf	Clinician information: prenatal screening tests for trisomy 21 (Down syndrome), trisomy 18 (Edwards syndrome) and neural tube defects
	Victorian Clinical Genetics Services Pathology http://www.vcgspathology.com.au/downloads/CombinedFirstTrimesterScreening.pdf	Consumer brochure and pathology request form: Combined First Trimester Screening
	Victorian Clinical Genetics Services Pathology http://www.vcgspathology.com.au/sections/MaternalSerumScreening/?docid=51a81179-f5d3-41ee-8892-992e00efe87d	Links to consumer brochure and pathology request form: Combined First Trimester Screening. Available in: Arabic, Chinese, English, Somali, Turkish and Vietnamese
	Second Trimester Maternal Serum Screening patient information and pathology request forms are available by calling Victorian Clinical Genetic Services Pathology Ph: 8341 6303 or 8341 6357	
	Victorian Clinical Genetics Services Pathology http://www.vcgspathology.com.au/downloads/YourPregnancy-YourChoice.pdf	Consumer brochure on Second Trimester Maternal Serum Screening
Preparing for Pregnancy	Royal Women's Hospital http://www.thewomens.org.au/PreparingforPregnancy	Consumer fact sheets: Preparing for pregnancy. Includes: thinking it through, your career, the financial impact of having a baby, medical issues, drug facts, the environment
	Royal Australian And New Zealand College of Obstetricians and Gynaecologists (RANZCOG) http://www.ranzcog.edu.au/publications/statements/C-obs3.pdf	Clinician information: pre-pregnancy counselling & antenatal screening tests
Preventive Health	The Royal Australian College of General Practitioners http://www.racgp.org.au/Content/NavigationMenu/ClinicalResources/RACGPGuidelines/TheRedBook/redbook_7th_edition_May_2009.pdf	Clinician information: RACGP Guidelines for Preventive Health in General Practice (The Red Book)
	Department of Health and Ageing http://www.health.gov.au/internet/quitnow/publishing.nsf/Content/lifescrpts	Clinician information: Pregnancy Lifescrpts (smoking, alcohol, nutrition)
Q		
R		

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S	Safety	Raising children Network http://raisingchildren.net.au/safety/babies_safety.html	Consumer information: includes first aid, equipment safety, care safety, indoors and outdoors safety
		VicRoads http://www.vicroads.vic.gov.au/Home/SafetyAndRules/SaferVehicles/ChildRestraints/	Consumer information on choosing the correct child safety restraint
	Sex	Family Planning Victoria http://www.fpv.org.au/3_9_1.html	Consumer information: Sex during and after pregnancy
	Shared Maternity Care	Victorian Department of Health http://www.health.vic.gov.au/maternitycare/downloads/vic_maternity_record_form.pdf	Victorian Maternity Record. The hand held pregnancy record used at RWH, MHW and SH
		Royal Women's Hospital http://www.thewomens.org.au/ReferralsOtherResources	Pregnancy fast fax referral form for RWH. Either this form or VSRF+ Maternity can be used to refer for maternity care at RWH.
		General Practice Victoria http://www.gpv.org.au/content.asp?cid=11,137&VSRF#get2009vsrf	Victorian Statewide Referral Form (VSRF) + Maternity. Optional referral form for all pregnancy referrals
		Royal Women's Hospital http://www.thewomens.org.au/SharedMaternityCareAffiliates	RWH Shared Maternity Care information for affiliates
		Mercy Hospital for Women http://www.mercy.com.au/html/s02_article/article_view.asp?id=882&nav_cat_id=207&nav_top_id=84	MHW Shared Maternity Care information for affiliates
		Northern Health http://www.nh.org.au/antenatal-shared-care/w1/i1001234/	NH Shared Maternity Care information for affiliates
		Western Health (Sunshine Hospital) http://www.wh.org.au/GP_Liaison/Shared_Care/Shared_Maternity_Care/index.aspx	SH Shared Maternity Care information for affiliates
Sudden Infant Death Syndrome(SIDS)	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Sudden_infant_death_syndrome_(SIDS)_explained?open	Consumer information: SIDS explained	
	SIDS and Kids http://www.sidsandkids.org/safe-sleeping/health-professionals/	Health Professionals Information. Includes: babies head shape, home monitoring, pacifier dummy use, room sharing, room temperature, second hand mattress use, sleeping with baby, smoking, toxic gas, wrapping	

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		SIDS and Kids http://www.sidsandkids.org/safe-sleeping/other-languages/	Consumer information: safe sleeping fact sheet in English and many other languages
	Sleep	Raising children Network http://raisingchildren.net.au/articles/newborn_sleep_nutshell.html/context/13	Consumer information 'Newborn sleep in a nutshell'
	Smoking	QUIT http://www.quit.org.au/article.asp?ContentID=pregnancy	Consumer information: Smoking and pregnancy
		QUIT http://www.quit.org.au/article.asp?ContentID=media_bkgound_pregnancy	Consumer information: Common myths about smoking and pregnancy
		QUIT http://www.quit.org.au/browse.asp?ContainerID=pregnancy_nicotine_replacement	Consumer information: pregnancy, quitting smoking and nicotine replacement therapy
		Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_and_smoking?open	Consumer information: Pregnancy and smoking
		Royal Women's Hospital http://www.thewomens.org.au/Tobacco	Consumer fact sheet: Tobacco in pregnancy
		Three Centres http://3centres.com.au/guidelines/provision-of-smoking-cessation-interventions-during-pregnancy/	Clinician information: 3 Centre Consensus Guidelines on Antenatal Care- Provision of smoking cessation interventions during pregnancy
		Department of Health and Ageing http://www.health.gov.au/internet/quitnow/publishing.nsf/Content/lifescrpts	Clinician information: Pregnancy Lifescrpts: smoking, alcohol, nutrition
T	Tay Sachs Disease	Genetic Health Services Victoria http://www.genetichealthvic.net.au/Documents/PDF/TaySachsBrochure.pdf	Consumer and clinician information: Carrier Testing for Tay Sachs and related conditions. For people with Ashkenazi Jewish ancestry
	Terminations	Victorian Legislation http://www.legislation.vic.gov.au/Domino/Web_Notes/LDMS/PubStatbook.nsf/f932b66241ecf1b7ca256e92000e23be/BB2C8223617EB6A8CA2574EA001C130A/\$FILE/08-58a.pdf	Abortion Law Reform Act 2008
	Thyroid Disease	The Endocrine Society (USA) http://www.endo-society.org/guidelines/Current-Clinical-Practice-Guidelines.cfm	Clinical practice guideline: management of thyroid dysfunction during pregnancy and postpartum.

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		The Australian Thyroid Foundation http://www.thyroidfoundation.com.au/information/information.html	Consumer information: thyroid conditions and iodine deficiency	
	Toxoplasmosis	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Toxoplasmosis_reducing_the_risks?open	Consumer fact sheet: Toxoplasmosis- reducing the risk	
	Travel	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_and_travel?open	Consumer fact sheet: Pregnancy and travel	
		Centre for Disease Control and Prevention http://wwwnc.cdc.gov/travel/yellowbook/2010/chapter-8/traveling-while-pregnant.aspx	Clinician information: travelling while pregnant. Includes guidance on preparation for travel, air travel, high altitudes, Malaria, immunisation and travel kit.	
		American Congress of Obstetricians and Gynaecologists http://www.acog.org/publications/patient_education/bp055.cfm	Consumer information: travel during pregnancy	
U	Ultrasound	Royal Women’s Hospital http://www.thewomens.org.au/Ultrasound	Consumer fact sheet: ultrasound. Available in: Arabic, Chinese, Croatian, English, Khmer, Serbian, Tigrinian, Turkish and Vietnamese	
			Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Pregnancy_tests_ultrasound	Consumer information: Ultrasound
			Centre for Genetics Education (NSW Health) http://www.genetics.com.au/pdf/factsheets/fs17a.pdf	Consumer information: prenatal ultrasound
	Urine Testing	Three Centres http://3centres.com.au/guidelines/urinalysis-by-dipstick-for-proteinuria/	Clinician information: 3 Centre Consensus Guidelines on Antenatal Care- Urinalysis by dipstick for proteinuria	
V	Vaccinations	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-specialrisk232	Clinician information: vaccination of women planning pregnancy, pregnant or breastfeeding women, and preterm infants	
			Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-measles	Clinician information: Measles immunisation
			Australian Immunisation Handbook	Clinician information: Mumps immunisation

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	http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-mumps	
	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-rubella	Clinician information: Rubella immunisation
	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-varicella	Clinician information: Varicella immunisation
	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-influenza	Clinician information: Influenza immunisation
	Australian & State and Territory Governments http://www.health.gov.au/internet/immunise/publishing.nsf/Content/IMM123-cnt/\$File/imm123-fs-2010.pdf	Clinician fact sheet: Influenza vaccination 2010
	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-diphtheria	Clinician information: Diphtheria immunisation
	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-tetanus	Clinician information: Tetanus immunisation
	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-pertussis	Clinician information: Pertussis immunisation
	Australian Immunisation Handbook http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-home	9th Edition Australian Immunisation Handbook, 2008 Clinical guidelines for health professionals on the safest and most effective use of vaccines in their practice. These recommendations are developed by the Australian Technical Advisory Group on Immunisation (ATAGI) and endorsed by the National Health and Medical Research Council (NHMRC)

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	Victorian Department of Health http://www.health.vic.gov.au/immunisation	Victorian Government Immunisation fact sheets
	Victorian Department of Health http://www.health.vic.gov.au/immunisation/fact-sheets/language	Immunisation fact sheets in: Arabic, Bosnian, Chinese, Croatian, Dari, Greek, Indonesian, Italian, Karen, Khmer/Cambodian, Macedonian, Maltese, Polish, Russian, Serbian, Sinhalese, Somali, Spanish, Turkish, Vietnamese
	Australian Immunisation Handbook http://www.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook-pertussis	Clinician information: Pertussis immunisation
Vaginal Birth After Caesarean (VBAC)	Royal Women's Hospital http://www.thewomens.org.au/VBACVaginalBirthafterCaesareanAntenatalManagement	Clinician information: Clinical Practice Guideline- VBAC antenatal management
	Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) http://www.ranzcog.edu.au/publications/statements/C-obs38.pdf	Clinician information: planned vaginal birth after caesarean section
Varicella	Victorian Department of Health http://www.health.vic.gov.au/ideas/bluebook/chicken_pox	Guidelines for the control of infectious diseases (Blue Book)-Varicella
	Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Chickenpox?open	Consumer information: Varicella
Vegetarian and Vegan Diets	Royal Women's Hospital http://www.thewomens.org.au/Vegetarianeatingandpregnancy	Consumer fact sheet: Vegetarian eating and pregnancy
	Queensland Health http://www.health.qld.gov.au/nutrition/resources/antenatal_veget.pdf	Consumer information: Healthy eating for vegetarian pregnant and breastfeeding mothers
	Queensland Health http://www.health.qld.gov.au/nutrition/resources/antenatal_vegan.pdf	Consumer information: Healthy eating for vegan pregnant and breastfeeding mothers
Vitamins and Minerals	Royal Women's Hospital http://www.thewomens.org.au/Ironpregnancy	Consumer fact sheet: Iron in pregnancy
	Royal Women's Hospital http://www.thewomens.org.au/VitaminDandpregnancy	Consumer fact sheet: Vitamin D and pregnancy
	Victorian Department of Health	Clinician information: Low Vitamin D in Pregnancy- Key Messages for

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	http://www.health.vic.gov.au/chiefhealthofficer/publications/low_vitamin_d_med.htm	Doctors, Nurses and Allied Health
	Royal Women's Hospital http://www.thewomens.org.au/VitaminDAntenatalScreening	Clinical practice Guideline: vitamin D antenatal screening
	Royal Australian and New Zealand College of Obstetricians and Gynaecologists http://www.ranzcog.edu.au/publications/statements/C-obs25.pdf	Clinician information: Vitamin and mineral Supplementation in pregnancy
	Royal Women's Hospital http://www.thewomens.org.au/VitaminB12inPregnancy	Clinical Practice Guideline: Includes when to check Vitamin B12 levels and algorithm for management of low or indeterminate vitamin B12 levels