

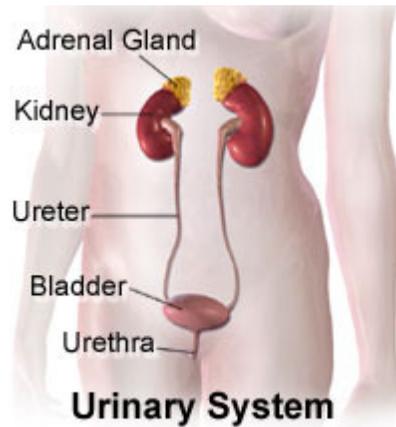
CYSTOSCOPY AND / OR BIOPSY - GENERAL

DAY OF SURGERY

PLEASE REFER TO YOUR WESTERN HEALTH ADMISSIONS LETTER FOR DETAILS ON WHERE TO GO ON THE DAY OF SURGERY AND FASTING DETAILS.

WHAT IS A CYSTOSCOPY?

This is a procedure where the surgeon uses a special telescope to look into the urethra, the bladder.



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WHAT DOES THE SURGEON DO?

The surgeon will insert a telescope into your bladder to inspect the inside of the bladder and the openings of the tubes to the kidneys to determine if there are any abnormalities.

Specimens of urine or biopsies of the bladder may be taken at this time and sent to pathology for closer examination.

WHAT SORT OF ANAESTHETIC CAN I HAVE?

The surgeon has decided that this procedure should be performed on this occasion under General Anesthetic. (This procedure if indicated can also be performed under local anesthesia). Any questions you have about your anaesthetic will be answered at your Pre-Admission appointment.

PRE ADMISSION CLINIC (PAC)

You may be required to attend the preadmission clinic before your surgery. You will be notified via your admission papers if this appointment is necessary.

Urine (MSU) test is required 1 week prior, to ensure the urine is infection free before your procedure, the hospital will arrange the paperwork.

WHAT KIND OF PAIN RELIEF WILL I NEED?

Usually there is no pain. If a catheter is inserted after the procedure then pain around the catheter site is common. Tablets are available if needed. Any bladder discomfort or feeling of fullness should be reported to the nursing staff immediately.

You may have some burning when passing urine. You may also pass some blood in your urine. This is usually mild and needs no treatment. If it persists ring your doctor.

WHAT HAPPENS TO ME AFTER THE OPERATION?

- You will remain in the recovery room until your condition is stable.
- As this procedure is usually a day case you will return to the day procedure area where you will recover and be discharged home.
- Should your surgeon feel you need a longer recovery time then alternative arrangements will be made by the medical and hospital staff to ensure your recovery is a smooth process.
- Very occasionally you may have a urinary catheter inserted into your bladder to drain urine. Its removal is simple and painless and often removed in the day procedure area..

If you have a biopsy you may need to stay overnight.

Please turn over



WHAT KIND OF PAIN RELIEF WILL I NEED?

Pain is not expected after this operation; however tablets are available if needed.

HOW LONG WILL I BE IN HOSPITAL?

You will usually go home the same day.

WHAT HAPPENS WHEN I GO HOME?

- Eat a normal diet but increase your fluid intake if there is any bleeding
- You may have sexual intercourse when you feel comfortable

CONTACT YOUR DOCTOR IF:

- Your urine is cloudy or smelly
- You develop a fever or chills

GO TO THE EMERGENCY DEPARTMENT IF:

- There is excessive bleeding
- You are unable to pass urine

YOUR NEXT DOCTOR'S APPOINTMENT:

An appointment will be sent to you in the mail or if you see your urologist privately contact the consultant's rooms to make your appointment.

For more information please contact:

- Urology Bookings
8345 6019.
- Outpatients Department
8345 6490
- Admissions Footscray
8345 6419

- The Urology Nurse Consultant at Western Health on:
8345.6333

- Better Health Channel
www.betterhealth.vic.gov.au

- Health institute:
www.healthinsite.gov.au

This information leaflet contains important information to help you recover safely at home. This information is intended to support not replace a discussion with your doctor or health care professionals. Western Health accepts no liability for any information that may be perceived as misleading and directs you to your health professional.



UROLOGY SERVICE

CYSTOSCOPY AND / OR BIOPSY UNDER GENERAL ANAESTHESIA

MAY 2010