

NHMRC: 2011 guidelines: Colonoscopic surveillance intervals – adenomas			
Low risk 1–2 adenomas and All < 10 mm No villous features No high-grade dysplasia	High risk 3–4 adenomas or Any adenoma ≥ 10 mm Villous features High-grade dysplasia	Multiple > 5 adenomas	Possible incomplete or piecemeal excision of large or sessile adenoma
Group A	Group B	Group C	Group D
Colonoscopy at 5 years	Colonoscopy at 3 years	5–9: colonoscopy at 1 year ≥ 10: colonoscopy at < 1 year, consider referral to a genetics service	Colonoscopy at 3–6 months
Findings at first follow-up No adenomas: colonoscopy at 10 years or FOBT every 1–2 years Low risk – as for A High risk – as for B Multiple – as for C	Repeat colonoscopy at 3- yearly intervals. If the second follow-up colonoscopy is normal or shows low-risk features, consider increasing the interval on an individualised basis	Findings at first follow-up No clear guidelines. Suggested: Multiple: as for C If normal, low or high risk: as for B	Findings at first follow-up No residual adenoma: 12 months Residual adenoma: as for D Findings at second follow-up Normal or low risk: as for A High risk: as for B Multiple: as for C Recurrent adenoma: as for D, and consider other options if relevant such as surgical referral
NHMRC guidelines: Colonoscopic surveillance intervals – inflammatory bowel disease			
Group 1	Group 2	Group 3	
One or more of: <ul style="list-style-type: none">active diseaseprimary sclerosing cholangitisstricture, multiple inflammatory polyps or shortened colonprevious dysplasia	<ul style="list-style-type: none">Inactive ulcerative colitis with no high-risk features orCrohn’s disease with no high-risk features andNo first-degree relative with colorectal cancer at age < 50 years	Recommended for Group 2 when two previous colonoscopies are macroscopically and histologically normal	
1-yearly colonoscopy	3-yearly colonoscopy	5-yearly colonoscopy	
NHMRC(2005) guidelines: Colorectal cancer screening – family history			
Category 1 Slightly above average risk (relative risk × 1–2)	Category 2 Moderately increased risk (relative risk × 3–6)	Category 3 High risk	
1 first- (FDR) or second-degree relative (SDR) age ≥ 55 years at diagnosis	1 FDR or SDR age ≤ 55 years at diagnosis or 2 FDR or 1 FDR and 1 SDR on the same side of the family, any age at diagnosis	Known or suspected familial syndrome	
FOBT every 1–2 years and consider sigmoidoscopy (preferably flexible) every 5 years from age 50 years Routine colonoscopy not recommended	5-yearly colonoscopy from age 50 years, or 10 years younger than the age of first diagnosis of colorectal cancer in the family, whichever comes first	Known familial adenomatous polyposis (FAP) or Lynch syndrome (HNPCC): Specialist referral, as per NHMRC guidelines Suspected Lynch syndrome: Every 1–2 years from age 25 years or 5 years younger than the youngest affected family member (whichever comes first) Suspected FAP or other syndromes: refer to guidelines	
NHMRC(2011) guidelines: Colonoscopic surveillance intervals – following surgery for colorectal cancer			
Is surveillance colonoscopy appropriate? Surveillance colonoscopy should be offered to those who have undergone curative treatment and are fit for further treatment if disease is detected			
Yes		No	
Was the colon cleared of adenomas and synchronous cancers Pre-operatively?		No colonoscopy Ensure detailed discussion and complete documentation	
Yes	No		
Colonoscopy at 1 year post-op	Colonoscopy at 3–6 months post-op		
Subsequent colonoscopic interval dependent on findings at follow-up: Normal – repeat 5-yearly Adenomas – repeat as per adenoma chart Cancer – refer for surgery or other as appropriate			