



Do you see patients who have survived an ICU stay?

Do you have an interest in understanding and improving their recovery from hospital to home?

We need your help and would like to hear from you!

- A team of researchers at Western Health are looking for GPs with an interest in caring for survivors of intensive care to take part in a research project.
- We want to better understand the intensive care recovery experience from the perspective of survivors and the health professionals who care for them, from hospital to home.
- We think peer support is a promising intervention to improve the recovery experience by connecting survivors to provide emotional, social and pragmatic support to each other.
- We would like to design this peer support group using a process called 'co-design'. The design process occurs between and with patients, families and health professionals (rather than for them).

To do this, we need your valuable help.

Time commitment is flexible! Anywhere from a conversation over the phone, completion of a short survey/questionnaire or involvement in a series of in-person co-design meetings at Sunshine hospital (remuneration for your time can be provided). We are flexible as your experience and opinions are important to us! Our first in-person meeting kicks off on June 21st – we'd love you to be there!

How to get involved: Please contact Clare Holdsworth on Ph 0466 417 689 or email clare.holdsworth@wh.org.au

Timeframe: Please get in touch anytime during June/July if you are interested in being involved in this research.